

*Jackson County Medical Control Authority*  
**Community Paramedicine Protocols**  
Dizziness

Date: March 2017

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***Dizziness***

**Indications:** This protocol provides general guidance for the evaluation of patients under the Community Paramedicine Program.

**Purpose:** To assess the patient with dizziness and differentiate between the patients who can be treated supportively vs those who will require ED evaluation.

**CPU Directives:**

1. Follow Michigan General Pre-Hospital Care Protocol
2. Place patient supine
  - a) If third trimester pregnancy, position patient left lateral recumbent.
3. If patient's mental status is altered, refer to **Michigan Altered Mental Status Protocol**.
4. Measure blood glucose if less than 60 mg/dl. Refer to **JCMCA CPU Diabetic Patients Protocol**.
5. Perform neurological assessment. Obtain Cincinnati Stroke Scale. If Cincinnati Stroke Scale is positive, transport to Emergency Department. Refer to **Michigan Cerebrovascular Accident (CVA, Stroke) Protocol**.
6. Administer NS IV fluid bolus up to 1 liter wide open. Repeat as indicated.
  - a) Administer IV fluids cautiously in the elderly and those with a history of CHF.
7. Obtain 12-lead ECG, if available.
  - a) If EKG shows signs of arrhythmia or coronary ischemia, refer to the appropriate **Michigan Adult Cardiac Protocol**.
8. Consider administering Antivert 25mg PO for dizziness.
9. Contact the PCP or online medical direction follow the **JCMCA General Protocol for CPU Patient Assessments** along with the patient report and discuss transport and continuity plans.
10. Continue transport and follow the **JCMCA General Protocol for CPU Patient Assessments** until a disposition is determined and continuity plan completed.